

Racing rule

Criteria are as follows according to the French Surf Federation :

Beach Race : from 3 to 10 km

10-25 km

12'6 long distance (12'6 et moins)

Down wind or long distance according to conditions.

Basic rules

Characteritics of the race circuits

BEACH RACE :

All the competitions under 10km are considered as « Beach Race », regardless the water surface profile (flat, downwind, waves, rivers, and so on)

- the beach run must be done with the board on hand.
- The total running distance should not exceed 1/5 of the total distance covered on the water.

From 10 to 25 km

Race 12'6 Long distance :

All the competitions belong to this type of parcours (downwind or not).

Some called « Downwind » will be validated in order to be integrated in the 12'6 long distance classification, the criteria are as follows :

The water is considered as Downwind zone when the wind blows in the course direction with an angle of 90°.

The water becomes a downwind zone if the wind has enough space to carve the water. One considers that for a small or medium wind, 5km of space are necessary, for a strong wind, only 3km are necessary.

The race course has to be composed of a downwind zone for a minimum of 65% of the total distance.

The existing races that do not match this criteria should be modified.

On an indicative base : the strength of the wind

0 to 10 knots : the water surface is flat , bad downwind conditions

10 to 20 knots:ripples on the surface , good conditions

20 knots and more : very good conditions for down wind

Conditions of validation for the different courses : the competitions have received the approval from the federation, and they will be taken into consideration for the national classification « France SUP race »

Equipment

Board authorized in competition :

For the category « short and medium distance » maximal length are defined.

The boards gauge will be controlled in comparison with a scale at the right length.

All the competitors with a board bigger than his category length will not be authorized to participate.

In the long distance category « 15km and more », there is no length limit.

Apart from these characteristics all the types of SUP boards are authorized and participate in the category defined by their length

Apart from these characteristics, all the type of board are authorized, and compete in the category

defined by the length

Foil(s) are not allowed

Any other means of propulsion other than paddle is forbidden.

If you fall you have 5 strokes to get back on your feet and stand up. This rule is in effect so a paddler does not achieve an advantage by not standing up.

Depending on the course conditions, the jury will define the penalties that should be imposed. The procedures have to be displayed on the official bulletin board, before the beginning of the courses.

Conditions of participation

General principle

In principle, the competition approved « RACE » are open to all the athletes older than 16 year old, whatever of their level of practice.

The classification France « SUP Race » will only applied for the participants older than 18 year old.

Licensing obligation : the participation of approved competitions (counting for national ranking) shall be subject to the obligation of possessing an competition licence (annual or temporary). For the annual licence, it is mandatory to provide a medical certificate to the home club, at the time of issue of the licence. (certificate of non-indication against the practice of SUP race).

For the temporary, it is mandatory to provide a medical certificate (less than 3 months) to the organizing club (certificate of non-indication against the practice of SUP race).

Security

Competitors equipment

The leash is mandatory whatever is the race distance.

Beyond 300m, the competitors must wear floatation device : isotherme anti exposure neoprene suit , or lifejackets.

Below a water temperature below 12°C, a wet suit at least type « short john » shall be worn.

The numbers shall be worn visibly throughout the competition. All the competitors must wear their competition jersey securely.

Beyond 300m, the competitors must have signal rocket and whistle in their possession.

Registration for the competition

Before the beginning of the competition, athletes must :

- confirm their participation, pays the inscriptions fees as appropriate.
- Take the number corresponding to their inscription, and the microchip for the measurement.
- All board to be measured (gauge verification)
- depending of the case, provide to the organization the requested documents such as : proof of age, medical certificate....

Mutual assistance obligation

Each competitor has the obligation to give assistance when necessary.

According to the situation, the jury will provide time delay to competitors that have assisted someone facing difficulties. The competitor's ranking will be modified according to this time bonus.

Competition area :

The competition area is defined by the organisator and validated by the course committee. It is defined by marking by buoys or and other objects easily recognizable.

General principles of the competition :

External assistance :

Any external assistance (supplies, coaching, orientation) is prohibited during the competitions,

except with the specific authorization of the jury.

The boats, especially watercrafts, ensuring safety or not, shall not disturb the competitors during the course (trajecory, waves...)

At no time during the race may a competitor impede another competitor. Unsportsmanlike conduct/actions against other competitors, officials, organisation, spectators, will result in a downgrade or possibly will be referred to disciplinary committee.

Competitors shall not abandon waste in the sea or on the beach (packaging, food..)

If a competitor can not finish the race for any reason, he has to go to a sheltered area, or call a safety boat unit for assistance. The organization has to be advised (at the arrival).

Registration: deadline 15th of August on the site <http://dfc-kiteboarding.fr/triple-king-contest-2013/> before the beginning of the competition according to the available registration (maximum 150 competitors)

- On the sport 2 hours before the beginning of the competition, confirmation, the presentation of the licence or for the issue of a temporary licence.

Start/Finish procedures

Beach Race : start on the beach (on line) board and paddle has to be carried.

- Long distance / down wind : on the sea on a line matérialised par 2 boats indentified before the start.
1mn before the departure : bleu flag + 2 foghorn sounds short and close + spoken information.
30s before the departure : yellau flag
- Departure : time countdown (10 secondes left) + green flag + 1 long foghorn

Compliance of start procedurere :

the departure line shall not be croos during the last minute of the countdown (as soon as the blue flag is up)

If the line is crossed before the departure signal, a penalty of 30 secondes will be applied.

The race course :

The race course is identified by buoys, or natural markers.

In the case of lap, the race course will pass in front of the jury (on the shore, or in a boat), in order to take into account the numbers of laps for each competitor.

An oversight controlling the compliance of the race course will be pur in place, in order to avoid cheating.

Display of information

all the race instructions (start/finish procedures, race course, visual and accoustic signal,..) must be displayed on a billboard provided for that purpose, and located in order to be easily accessed.

Any changes, whatever is the reason, decided and validated by the jury shall be signaled by :

- audio announcements
- be immediately posted on the billboard provided for that purpose.

Timekeeping :

All the competitions approuved by the FFS, has to provide a ranking that includes the timekeeping for each competitors. The timekeeping should be done by at least 2 chronometers at least. One connected to a printer.

Means for security :

on the race course : intermediate points for timekeeping and to point the riders, will be installed at regular intervals, with sea rescue and assistance.

Immediat stop and back ashore to all the competitors

Any race interruptions with an immediat back ashore, will be signaled by short and repeated foghorn sounds and the red flag.

Protest

must be filled within 10 minutes of the last competitors finishing the competitions. Protest must be filled in writing with someone of the jury.

Course ranking

Federal ranking and other

Ranking by day

1 men

1 femake

1 under 18 year old

Ranking for the 2 days, that allowed to the sharing of the prize money.

Federal ranking according to the modalities laid down for that purpose will be extracted by the Fench Surf federation, in order to established the France « SUP RACE » ranking.

Display of the results and the rankings

The results and the ranking will be displayed on the official billboard provided for that purpose, at the outcome of the race.

